

Post-Op Instructions PULP REMOVAL

Follow these instructions carefully following the removal of the pulp (nerve) today.

What to expect

It is normal to experience some discomfort for several days after the removal of the pulp from a tooth. Typically this will subside by the third day.

The tooth may continue to be slightly tender to biting until a completed root canal is performed.

To control discomfort, take pain medication before the anaesthetic has worn off.

We recommend taking:

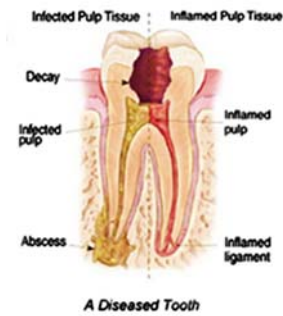
2x500mg Paracetamol (Panadol)
Every 6 hours for 24 hours

or

2x200mg Ibuprofen (Neurofen)
Every 6 hours for 24 hours

Things to be mindful of

- Removal of the pulp from this tooth is only considered emergency treatment to temporarily alleviate pain; it is by no means completed treatment as the tooth still remains infected.
- A root canal is required to complete treatment on this tooth and eliminate any residual bacteria and infection. This must be completed as soon as possible; ideally within 1-2 months.
- An antibiotic dressing has been placed inside the tooth to prevent pain. This dressing generally runs out within 6 months, at which pain in the tooth will return.
- The tooth has been restored with a temporary filling material which is brittle. Avoid hard foods as this can cause either the tooth or the filling to fracture.
- If the temporary filling breaks or is lost, call our clinic immediately as food packing may expose the inside of the tooth to further contamination.



Where to from now?

If you have not had a check-up in the past 12 months, consider a full examination at your next appointment.

Even though you have had a toothache on this single tooth, there may be other teeth with undiagnosed cavities.

To prevent the need for further root canals, it is best to address these cavities first when they are small and not hurting.

Completion of your root canal will be factored into a full treatment plan following your complete examination.



222 Lutwyche Road | Windsor | Queensland
P: 07 3357 4177 E: admin@windsordentists.com.au
windsordentists.com.au